

LIFESTYLE

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Juvenile inmates bond with dog through program

BY GHENI PLATENBURG
Victoria Advocate

VICTORIA — For inmates at the Victoria Regional Juvenile Justice Center, their time spent incarcerated is less than hospitable.
Cold concrete walls surround them. Their uniforms serve as scarlet letters of the crimes they have committed.

Cameras and guards are positioned to monitor every move. Against this setting, the last things many people would expect the inmates to learn are love and compassion.
But that is exactly what is happening, thanks to the help of a new rehabilitation program and a rambunctious brown, black and tan 2-year-old dachshund/terrier mix named

Alice.
A collaboration between Victoria Adopt-A-Pet Center and the Juvenile Justice Center, the pilot Dream Seekers Animal Rescue and Training program began Feb. 6.
The program seeks to teach the incarcerated youth about care, safety and training in hopes they will develop character traits of patience, tolerance,

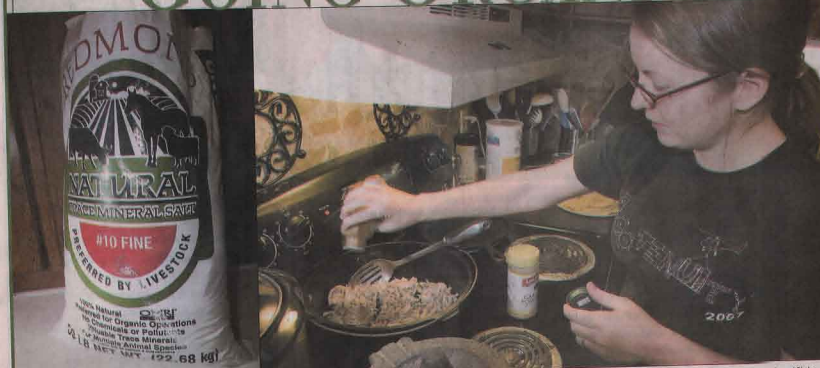
responsibility, accountability, dependability, compassion and empathy.
"Our hope is they look at it like a positive thing and progress through the levels and take care of the dog," said Pamela Hencelcraig, chief juvenile probation officer at the Juvenile Justice Center. "Growing up, some of these kids come from homes where nobody

cares for them. These pets give them unconditional love."
The program is an extension of the Juvenile Justice Center's already-established community service program where the youth inmates volunteer at the Adopt-A-Pet center on Wednesdays.
"We thought it would be a good way to get two community organizations working to-

gether," said Carol Klages, president of the Adopt-A-Pet board. "and we're trying to give animals a second chance, and we certainly want to give kids a second chance."
Hencelcraig estimated there are four similar youth-pet programs throughout the state, but most are day programs.

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GOING ORGANIC



Above, right: Jerica Cadman adds organic cumin to chicken as she cooks Thursday at her home outside of Avinger. Above, left: A bag of natural salt the Cadmans' use for their food sits on the counter. Below, left: Jerica Cadman uses organic cumin as she cooks.

Area residents tout health benefits of organic food

BY CHARLOTTE STEWART
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Coming Wednesday: For recipes and more information about Shady Grove Ranch and Artemis in the City, look in Wednesday's Taste section.

N ot long after Matthew Cadman proposed in 2006, his nuptials were threatened by a severe flare of ulcerative colitis.

"He was very sick and hospitalized," said his wife of

six years, Jerica Cadman.
"At 24, Matt was faced with having his entire colon removed," she said with an emotion that conveyed the sense of urgency she had felt.
"No. That's not how we wanted to live out our lives ... You need your organs."

She said that for years doctors had given him many prescriptions.
"At one point, he was taking, like, 20 pills a day. It was ridiculous."

She said they were determined not to try to exist from one flare-up to another while he was taking so many drugs, including steroids, the traditional medical treatment.

"We did a lot of research - a lot of digging," she said. "We also did a lot of praying."
After they married and were living on LeTourneau University campus, another couple told them about the nutritional value of grass-fed beef, which led them to Pat Stevens, who has such a ranch in Hallsville.

"She introduced us to the Weston Price Foundation, where we learned stuff about organic food, how it can cure illnesses, and other stuff we had



Jerica Cadman opens a can of organic, whole peeled tomatoes as she cooks Thursday at her home.

Kevin Green
News Journal Photo

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PBS movie on Amish faced many hurdles

BY DAVID BAUDER
Associated Press

NEW YORK — Faced with subjects whose religion and culture prohibit them from giving interviews on camera or even posing for pictures, many filmmakers would have given up.

The folks at PBS' "American Experience" stuck with it, however, and emerged with a revealing look at the Amish, a re-

ligious community of about 250,000 centered primarily in rural Pennsylvania, Ohio and Indiana. The film premieres at 7 p.m. Tuesday on KERA Channel 13 and other PBS stations.

The Amish, distinguished by their horse-and-buggy mode of transportation, proved not only elusive to study but most complex than most outsiders realize.

"It grew on me how interesting they were and how intriguing

they were and how relatively little we knew about them, even though busload after busload of tourists come in to see them," said Mark Samels, executive producer of "American Experience."

As he got to know many Amish, Samels found them as baffled by the idea of being a tourist attraction as the outsiders were of them.

A Christian offshoot, the Amish church was formed in

Europe 300 years ago, but its members were persecuted for their belief in adult baptism.

They died overseas and settled in Pennsylvania in the 1730s.

They blended in fairly well with a simple, rural life working the land, at least until the Industrial Revolution. The rest of America modernized, but the Amish didn't. And that makes them stand out.

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Zonta Antique Show funds local groups

FROM STAFF REPORTS

Next weekend's 38th annual Zonta Club of Longview Antiques Show and Sale will highlight antiques from across the nation while raising money to support local projects benefiting women and children.

Jessica Lawrence, who is co-chairing the event along with Daynelle Priddy-Sigmon, said the three-day event has more than 80 vendors lined up to display everything from fine china and silver to antique furniture.

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Faster. The 30-Minutes-or-Less E.R. Service Pledge.*

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*A physician, physician assistant or nurse practitioner is committed to working diligently to have you initially seen within 30 minutes of your arrival if you are experiencing a medical emergency. Call 911.